Morning session

08:45 – 09:20:   Registration and networking

09:30:    Introduction to the day
Fiona Daly, Associate Director of Sustainability and Patient Transport, Barts Health NHS Trust (Confirmed)

09:45:    Keynote address – Prevention and health promotion
There is a longstanding aspiration for the NHS to focus as much on promoting wellness as managing poor health and the NHS has a major contribution to make to the prevention of disease and the promotion of health across populations, working in partnership with local public health services through Health and Wellbeing Boards.

With England having persistent inequalities in life expectancy and healthy life expectancy between communities and groups and estimated costs of ill health resulting from health inequality costs the NHS well in excess of £5.5 billion per year and between £20 and £32 million in terms of lost taxes and higher welfare payments, what can you do to improve on this statistics?
Simon Stevens, Chief Executive, NHS England (Invited)

10:15:    Creating the right conditions for healthy lives
Public health is about creating the conditions in which people can live healthy lives for as long as possible. Three years since the establishment of Public Health England and the start of a locally-led public health system there is already a good deal to be proud of. The system continues to evolve but the essential structures are now established, linking people’s health to the place where they live. Local authorities are showing that they are best placed to lead on improving the public’s health and the NHS is stepping up to the plate on prevention.
Professor Paul Cosford CB, Director for Health Protection and Medical Director, Public Health England (Invited)

10:35:    Our planet, our health
Our health is closely linked to the environment we live in. But we’re placing too many demands on our planet. Natural systems that we rely on – from clean air to fresh water, biodiversity to a stable climate – are under threat.

As researchers discover more links between our health and the environment, we become better equipped to come up with ways to reduce these threats. There are already opportunities for change, but more research and action is needed.
Professor Dame Anne Johnson MD, FMedSci, FRCP, FFPH, FRCGP, Professor of Infectious Disease, UCL and Member, Our planet, our health, Advisory Panel (Invited)
10:55:  Industry perspective delivered by Carillion (Confirmed)

11:15:  Questions

11:20:  Refreshments – 20 minutes

Mid-morning session – Workshops

11:45:  Air Pollution
        Delivered by Plume Labs (Confirmed)

12:15:  Circular Economy

12:45:  Healthy Eating
        Delivered by Quorn (Confirmed)

13:20:  Lunch

Afternoon session – Best practice

14:00:  Chairs welcome back
        Fiona Daly, Associate Director of Sustainability and Patient Transport, Barts Health NHS Trust (Confirmed)

14:05:  What sustainability means for healthcare
        The Trust and the CCG on the Isle of Wight agreed to work together on developing a joint Sustainable Development Management Plan (SDMP) in order to align strategies and optimise outcomes. The Plan, titled Greener Care, is thus a shared document with a common vision, which sets out the organisations ambitions for reducing their environmental impacts and embedding sustainability principles in their operations. We believe this is the first SDMP in the NHS developed collaboratively by commissioner and provider organisations together.

Greener Care covers a range of themes on the broad sustainability agenda such as Climate Change mitigation and adaptation, Energy and Water management, Waste & Recycling, Sustainable transport.

Kevin Bolan, Associate Director of Estates, Isle of Wight NHS Trust (Invited)

14:25:  Improving natural habitats, improving biodiversity and creating healthy, welcoming green spaces
        In 2014, the Mid Essex Hospital Services Trust Board agreed and adopted a Sustainable Development Management Plan which reveals the Trust’s current position regarding sustainable development challenges and their ambition for “making a difference to secure our future”. This strategy has set out the actions (2014 – 2020) to ensure that the trust maintain momentum towards a more sustainable and responsible healthcare organisation caring for the communities in Mid Essex.
As part of this 2 areas of ancient and natural woodland as well as beautiful formal gardens located on the campus were to be managed in a manner which provides an enhanced environment for staff, patients and local community as well as promoting a healthy habitat for local wildlife.

In 2015 the trust worked closely with 14 local volunteer groups (and over 200 volunteers) and organisations to offer volunteer opportunities in the woodlands, the Community Vegetable Garden and Fruit Tree Orchard. Also developed, two exciting new green spaces: the Forget-Me-Not Dementia Friendly Garden, and an innovative Wellbeing Terrace.

Elmarie Swanepoel, Head of Sustainability and Strategic Projects, Mid Essex Hospital Services (Invited)

14:45: Reducing Fuel Poverty through a Community Energy Installation
Within the West Midlands, fuel poverty is amongst the highest in the country. In addition, there is a strong correlation between fuel poverty, cold homes, incidences of poor health and hospital admittance. An innovative partnership initiative between UHNM, Southern Staffordshire Community Energy and Beat the Cold which will see the installation of solar panels to roofs of a number of UHNM buildings – a first-of-type for the NHS. Not only will this help to reduce the Trust’s electricity bills by as much as £30,000 per year, but also generate a community fund which will support local people to beat fuel poverty.

Louise Webster, Head of Environmental Sustainability, University Hospitals of North Midlands (UHNM) (Confirmed)

15:15: Questions

15:25: Guest Speaker: Clearing the air
Air pollution affects everyone who lives and works in London. The most vulnerable groups like children, older people and those with heart and respiratory conditions are most affected. People living in deprived areas are also more affected by poor air quality, partly because these areas are often near busy roads.

The London Assembly and the Mayor of London are working hard to improve London’s air through ‘Clearing the air’ the Mayor’s Air Quality Strategy, the aim is for London to be one of the cleanest and greenest cities in the world. This will help ensure everyone who lives there can enjoy a great quality of life. It will also help new jobs and investment.

Sadiq Khan, Mayor of London (Invited)

15:45: Closing comments from chair
Fiona Daly, Associate Director of Sustainability and Patient Transport, Barts Health NHS Trust (Confirmed)

16:00: Event close