



# DAY FOR ACTION



**WALK – CYCLE OR CAR  
SHARE TO WORK DAY**

Pledge your commitment to NHS Sustainability Day and see the benefits mount up...you will also receive a voucher from Cycle Solutions for doing so!



Car Share to work with colleagues and share the savings on costs and reduction of CO<sub>2</sub>



Walk or Cycle to work...

*No hassle parking!*

*Feel healthier!*

*Save money and reduce CO<sub>2</sub>!*

To take part in the NHS Sustainability Day, and have a chance to receive your voucher from [www.cyclesolutions.co.uk/scas](http://www.cyclesolutions.co.uk/scas), the supplier of the SCAS Cycle to Work Scheme which starts on May 4<sup>th</sup> 2015, you must first register your pledge with [green.issues@scas.nhs.uk](mailto:green.issues@scas.nhs.uk) by Monday March 23<sup>rd</sup> to receive your participation form.



**Take Part...have some Fun!**