



Organisation	The Shrewsbury and Telford Hospital NHS Trust
Category	Community
Please detail your project below	<p>Last year saw the start of our community gardening project which has not only been beneficial to the hospital environment but has also got the local community involved with our organisation. We have a gardening project at both hospital sites which have been supported and had the involvement of local businesses, charities and volunteers. At the Royal Shrewsbury Hospital we are developing a Wildlife Garden and at the Princess Royal Hospital we are developing two courtyard areas. Through these projects we have developed our corporate volunteer scheme which has enabled local businesses to become actively involve and engaged with their local hospital through their staff volunteering their time to these projects.</p>
	<p>Wildlife Garden - Royal Shrewsbury Hospital</p>
	<p>Led by the Head Gardener at the Royal Shrewsbury Hospital, over the past 18 months a 'hidden' area of green space has been developed and established into a Wildlife Garden. The garden which already has an abundance of trees and shrubs has been developed further with the support of a local nursery that have donate twelve native trees last year and have pledged to continue to donate a further four to five trees each year (please see attached document, an article from our public newsletter in August 2014). A pathway has been created to establish a route through the garden so that visitors and staff can enjoy this area and promote physical and emotional wellbeing. Signage has been erected to show the routes available whilst trying to minimising potential habitat destruction by visitors. We worked with the "Praise Bee" Charity to introduce Red Mason bees into this area; a declining native solitary non-stinging species which is a good pollinator. We are the first NHS organisation to get involved with this project and more nest sites are planned across both sites in spring (please see attached document for more information about this project). Volunteers from the local community have been invited to get involved with this project and help maintain the Wildlife Garden through volunteering days.</p>
	<p>Courtyard areas Princess Royal Hospital, Telford</p> <p>The grounds of Princess Royal Hospital are also a hive of activity, with the launch of a community garden project. Formed by the natural design of the hospital building, two outside courtyard areas between wards had become overgrown and unusable spaces. As part of NHS Sustainability Day last year we had the opportunity to have a free landscape design of these two areas from Design with Nature who created eye-catching designs for the two courtyards. Developing the ideas from these initial designs we set to create two new courtyard areas based on the theme of 'Memory Garden' and a 'Garden of Reflection'. These themes were specifically created to provide a therapeutic environment for patients living with dementia and those within stroke rehabilitation, although all staff and patients will be encouraged to spend time there upon completion of the works.</p>
	<p>Work has started on these two courtyards with local businesses and charities having donated</p>



resources, plants, labour, and artwork/sculptures to this project.

We have also held several ‘Making a difference days’ in which staff, the public and corporate volunteers (from local businesses) have donated their time to support this project (please see attached picture of our first group of corporate volunteers from a local accountancy firm volunteering in our Memory Garden. The first courtyard (The memory garden) is due to be open to patients and staff on NHS Sustainability Day 2015. This project has only been able to happen due to the involvement and generosity of our local community.

<p>How has your project improved sustainable development within your organisation or community setting?</p>	<p>This project has brought together a wide range of external stakeholders, including local businesses, charities, and volunteers to improve the hospital environment for the benefit of patients, staff and visitors.</p>
<p>What role does sustainable development play within patient and staff services within your organisation?</p>	<p>Staff are working across the Trust to deliver better outcomes for our patients and local communities by reflecting our sustainable development principles. By working collectively with our patients and local communities we endeavour to improve our environment, patient experience and ensure our staff and patients are well informed and engaged with sustainability.</p>
<p>Who has led the way on sustainable development within your organisation?</p>	<p>The Trust has a lead director for sustainability (Director of Corporate Governance) and sustainable development is one of the Trust a corporate objectives of 2014/15. In March 2014 the Trust Board approved the Sustainable Development Management Plan and action plan which underpins our work around Sustainable Development.</p>
<p>First Image</p>	<p>http://www.nhssustainabilityday.co.uk/ie/wp-content/uploads/formidable/Making-a-difference-day-corporate-volunteers.jpg</p>
<p>Second Image</p>	<p>http://www.nhssustainabilityday.co.uk/ie/wp-content/uploads/formidable/Healthier-Future.pdf</p>
<p>Third Image</p>	<p>http://www.nhssustainabilityday.co.uk/ie/wp-content/uploads/formidable/Praise-Bee-strategy.doc</p>